

EAHAD Mentorship Programme

Terms of Reference

Version approved in May 2026

The proposed mentorship programme aims to create a structured pathway for early-career and emerging haemophilia physiotherapists to progressively engage with the work of the EAHAD Physiotherapists Committee. The initiative would support succession planning, strengthen multidisciplinary collaboration, and foster long-term engagement within the EAHAD physiotherapy community.

1. Background

The EAHAD Physiotherapists Committee plays a key role in advancing education, networking, research dissemination, and best clinical practice in haemophilia and rare bleeding disorders physiotherapy across Europe. Activities include congress programming, educational resources, guidelines, webinars, podcasts, collaborative projects, and multidisciplinary initiatives.

As the field evolves, there is a growing need to encourage the involvement of physiotherapists new to bleeding disorders, support professionals from emerging or underrepresented centres, and strengthen European collaboration and networking.

The programme aims to:

- identify and support motivated early-career haemophilia physiotherapists;
- provide insight into the functioning and responsibilities of the EAHAD Physiotherapists Committee;
- facilitate knowledge transfer between experienced and emerging professionals;
- develop future leaders within the EAHAD physiotherapy network;
- increase diversity and geographical representation within committee activities.

2. Target Participants

The programme would be open to European physiotherapists working in haemophilia and bleeding disorders care, and physiotherapists from centres seeking stronger involvement in European collaboration.

Applicants should:

- be EAHAD members;
- be qualified European physiotherapists;

- demonstrate relevant interest in haemophilia physiotherapy;
- commit to active participation throughout the mentorship period;
- possess intermediate or higher English proficiency, in line with committee participation requirements.

3. Structure of the Programme

The Physiotherapists Committee shall determine the duration of the mentorship programme and may vary depending on the nature and objectives of the specific initiative or project involved.

In all cases, the mentorship period may not exceed one year, with a single renewal for an additional period of up to one year, subject to approval by the Physiotherapists Committee and based on the mentee's level of engagement, contribution, and programme needs.

Each mentee would be paired with one Physiotherapists Committee member acting as a mentor.

The mentor would guide the mentee through:

- committee structure and responsibilities;
- current projects and priorities;
- EAHAD educational activities;
- networking opportunities;
- professional development goals.

Mentees might be invited to attend selected Physiotherapists Committee online or in-person meetings as observers. All the costs for travel and accommodation will be covered by the committee.

Participation rights could progressively evolve during the programme depending on engagement and contribution.

Each mentee would contribute to at least one committee-related activity, such as:

- literature reviews;
- educational resource development;
- Congress supports activities;
- surveys or audits;
- social media or communication activities;
- networking initiatives for physiotherapists.

4. Application and Selection Process

Internal Committee Proposal

A candidate may be proposed directly by a member of the Physiotherapists Committee based on demonstrated interest, motivation, professional engagement, or previous collaboration within EAHAD activities or the bleeding disorders community. In such cases, the proposed candidate must be approved unanimously by the Physiotherapists Committee before being formally admitted to the programme.